

What's happening with the Space Coast Ski & Travel Club? Read this month's Snowbird newsletter....

PLEASE share this newsletter with friends and encourage them to JOIN US!!



JANUARY 2019 NEWSLETTER

IN THIS ISSUE

- [Presidents Message](#)
- [Trip Schedule](#)
- [Membership News](#)
- [Past Trips](#)

LOCAL GATHERING



Brevard Zoo Treetop Trek / World of Beer!

Join us at 12:45 pm on Saturday, February 16, as we sign up for our 1 pm adventure above the zoo. There are several levels to choose from.

Following the Treetop Trek adventure, we will be meeting at the World of Beer at The Avenue in Viera at 3:00 pm. Here is your chance for you to practice your story telling skills!

Please register if you think you will be attending so we can plan accordingly.

[RVSP Link](#)

MEMBER INFO

[Membership News](#)

[JOIN US](#)

President's Message

Beware of Phishing emails!

If you receive an email from an address using the @spacecoastskiclub.com usually asking for help or payment, please be aware it is not from the club as this address is never used on out going emails by board members or trip leaders. If you hit the reply button, you will see the return address is converted to someone else's email address. We recommend you don't respond and instead just delete the email.

Hackers can manipulate emails to look like they come from club members and they copy our contact club email addresses from our web pages. But these club email addresses are only used by you to send us an email from website and newsletter links and are quickly translated to our real email address.

The only time you may get an email using an address from @spacecoastskiclub.com will be informational items like newsletters or trip updates but they will never be asking for a response from you.

Cheers, Cal

OUR TRIPS

2019 Trips -----

* [Big Sky, MT](#): January 26 - February 2, 2019

It is snowing and we are ready to go have FUN!! Full trip details and registration are available by clicking on the trip name link above. If you have any questions, contact Trip Leader [Brice Crossley](#).

* [Park City, UT](#): February 23 - March 2, 2019

This will be a fun week! Full trip details and registration are available by clicking on the trip name link above. If you have any questions, contact Trip Leader [Jeff Koss](#).

* [Cortina, Italy](#): March 9-16, 2019

We are ready to hit the Italian ski slopes. Full trip details and registration are available by clicking on the trip name link above. If you have any questions, contact Trip Leaders [Cal Staubus](#) or [Debbie Steininger](#).

* [Greek Isles and Italy](#): May 10-25, 2019

(Full, Wait list open) Wonderful European Cruise to the Greek Isles and Italy. Full trip



What: Annual Spring Fling
When: Sunday, April 14, 3:00-6:00 pm
Where: Pelican Park, Satellite Beach

This is our annual post ski season gathering. This year we plan to use food trucks. Registration will open soon with more details. **Save the Date!**

HOT NEWS!

Beach Bonfire:

We had a large group show up for our beach bonfire. It was a beautiful night with some shooting stars and perfect temps. S'mores were tasty too. Be sure to watch our [local events page](#) to see what we have planned.



Annual Holiday Party:

Thanks to all who came and made this annual social event special.

The Cocoa Beach Police Dept. Christmas Kids and Families Program was thrilled with all the gifts we brought. We filled up two boxes for them to give out to needy families in our area!

The food donations went to Crosswinds Youth Services where some of the kids helped with unloading the truck. CYS was most thankful for the donation.

Check out our [party photo album](#).

Not a member yet? If you would like to become a member, simply click the JOIN US button above to complete the membership application online or to download the application. Our club's annual membership runs from 1 May through 30 April each year.

Club membership fees are listed below:

- Individual Membership-\$30 annually
- Family Membership-\$50 annually

non-Florida residents:

- \$20 singles
- \$30 family

NOTE: Online payments include a service charge.

Don't forget that you must be an active member to register for any club trips and your membership will also provide reciprocity for any other Florida Ski Council trips (for only a \$1 fee to other club trip costs)!

CRUISE TO THE GREEK ISLES and Italy. Full trip details and registration are available by clicking on the trip name link above. If you have any questions, contact Trip Leader [Pam Kaercher](#).

* **Ladies Spa Weekend:** July 18 - 21, 2019

Our annual ladies spa weekend is returning to the Doral in Miami. For now save the date until registration opens. If you have any questions, contact Trip Leaders [Jeannie Kilpatrick-Staubus](#) or [Pam Kaercher](#).

* **Nepal and Bhutan:** November 1-15, 2019

(Full, Wait list open) We are heading back to the Far East, this time on an adventure to Nepal and Bhutan with post trip options to India and Dubai. Full trip details and registration are available by clicking on the trip name link above. If you have any questions, contact Trip Leaders [Carla Constantino](#) or [Jeff Koss](#).

Travel Tips for upcoming trips -----

If you are traveling this year, chances are you will be flying to your destination. Whether you are flying out West or joining one of our club's great travel trips, here are a few tips to keep you flying healthy and happy.

Avoid Jet Lag: Rule number one is sleep on the plane, as much as possible. Comfortable clothing, comfortable shoes, a sleeping mask and perhaps the help of a sleep inducer can all contribute to a restful flight. When you reach your destination, help your body clock adjust quickly by adopting local customs. Get out into the daylight; eat, play and sleep when the locals do; and don't stay up late on your night of arrival.

Stay Hydrated: Passengers in airplane cabins are at risk of dehydration. Keep bottled water close at hand, drinking at least one glass per hour, to maintain proper body fluid. Continue this practice even after arrival, since many of our destinations are high and dry.

Eat Healthy: Bring along healthy snacks such as dried fruit, fruit and energy bars as your best defense against flight delays and unexpected bouts of hunger.

Have a Good Flight!

PHOTOS

Trip and Event Photos

We have photo albums of most of our past trips and events with hundreds of fantastic pictures! If you want to look through all of the great photos, simply click on to visit the [Photos](#) page on our website. If you have great photos you'd like to add, contact our Webmaster [Brice Crossley](#) and we will gladly add them to our online albums!

