



FEBRUARY 2018 NEWSLETTER

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LOCAL GATHERINGS

meetup

Our next social gathering will be on **Thursday, February 8, 2018** at El Chico 5 to 7 pm near the Melbourne Mall. JOIN US and bring a friend!

Stay tuned for future Meetup events.

MEMBER INFO

Membership News

Don't forget that your membership will also provide reciprocity for any other Florida Ski Council trips (for only a \$1 fee to other club trip costs)!

Please consider getting involved as assistants are welcomed to help the Board with activities and trips. If you're interested in volunteering, see where your talents fit in and consider helping our club thrive!

JOIN US

In the News:

Warren Miller, Ski Bum Turned Filmmaker, Is Dead at 93 - [Story from the New York Times](#)

Also: "On the Town", Florida Today, December 17

Did you catch the photo article about the Space Coast Ski and Travel Club's annual holiday party?



The Satellite Beach Fire Dept. was thrilled with all the gifts we brought. We filled up two boxes for them to give out to needy families in our area!

The food donations went to Crosswinds Youth Services where some of the kids helped with unloading the truck. CYS was most thankful for the donation.

And a donation was sent to the Florida School for the Deaf and Blind to assist with the skier program.

OUR TRIPS

2018 Trips -----

* [Jackson Hole, WY](#): February 24 - March 3, 2018

(Wait List Open) Not just for expert skiers any more, the ski resort is now 2 interconnected mountains with plenty for all levels. And we are staying in a real western town with lots of activities day and night. Full trip details and registration are available by clicking on the trip name link above. If you have any questions, contact Trip Leaders [Brice Crossley](#) or [Jeannie Kilpatrick-Staubus](#).

* [Spring in Spain](#): March 8-20, 2018

Literally a snow to surf vacation! Full trip details are available by clicking on the trip name link above. If you have any questions, contact Trip Leader [Carla Constantino](#).



What: Annual Spring Fling

When: Saturday, April 21st

HOT NEWS!

HAPPY LANDINGS!

If you are going skiing this year, chances are you will be flying to your destination. Whether you are flying out West or joining one of your club's great European trips, here are a few tips to keep you flying healthy and happy.

Avoid Jet Lag: Rule number one is sleep on the plane, as much as possible. Comfortable clothing, comfortable shoes, a sleeping mask and perhaps the help of a sleep inducer can all contribute to a restful flight. When you reach your destination, help your body clock adjust quickly by adopting local customs. Get out into the daylight; eat, play and sleep when the locals do; and don't stay up late on your night of arrival.

Stay Hydrated: Passengers in airplane cabins are at risk of dehydration. Keep bottled water close at hand, drinking at least one glass per hour, to

Not a member yet? If you would like to become a member, simply click the JOIN US button above to complete the membership application online or to download the application.

Club membership fees (cash/check price) are listed below:

- Individual Membership-\$30 annually

- Family Membership-\$50 annually

non-Florida residents: \$20 singles; \$30 family

Online payments include service charge.

*** [Snowbird, UT:](#)** March 10-17, 2018

Due to a recent cancellation 2 spaces available!

2 spots open for a couple or a pair of friends to join us to this iconic ski resort with true ski-in/ski-out accommodations. Lift pass option to ski Alta too! Full trip details and registration are available by clicking on the trip name link above. If you have any questions, contact Trip Leader [Brice Crossley](#).

*** [Galapagos Islands, Ecuador:](#)** May 31 - June 10, 2018

(SOLD OUT) Wonderful cruise to Galapagos Islands. Trip Leader [Jeff Koss](#)

*** [Ladies Spa Weekend:](#)** Details coming soon!

Past Trips - Trip Reports -----

Interested in reading about our trips? Go to our [Trip Reports](#) page to check them all out.

*** [African Safari to Tanzania:](#)** November 3-16, 2017

Click the link to see the photo album and read about a wonderful African adventure. Trip Leader [Jeff Koss](#).

*** [Steamboat Springs, CO:](#)** January 20-27, 2018

Our club as a great ski week on the FSC ski trip to the Western ski town of Steamboat Springs. The photo album and trip report is coming soon! Trip Leader [Debbie Steininger](#).

maintain proper body fluid. Continue this practice even after arrival, since many of our destinations are high and dry.

Eat Healthy: Bring along healthy snacks such as dried fruit, fruit and energy bars as your best defense against flight delays and unexpected bouts of hunger.

Have a Good Flight!

PHOTOS

Trip and Event Photos

We have photo albums of most of our past trips and events with hundreds of fantastic pictures! If you want to look through all of the great photos, simply click on to visit the [Photos](#) page on our website. If you have great photos you'd like to add, contact our Webmaster [Linda O'Niell](#) and we will gladly add them to our online albums!

